

IMPACT UPDATE - Aug 2026

Thank you for opening the Door to HOPE



In southern Malawi's Zomba district, 2-year-old Christina is enjoying RUTF at home.

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30 Years of RUTF Bringing Renewed Hope to Children with Severe Wasting

SEVERE WASTING is one of the most dangerous forms of malnutrition, weakening a child's immune system so severely that even common childhood illnesses can quickly become life-threatening.

Ready-to-Use Therapeutic Food (RUTF) is a high-nutrient peanut paste made from peanuts, skimmed milk powder, vegetable oil, sugar, and essential vitamins and minerals. It is safe, convenient, and specially designed to help children regain strength and rebuild their immunity during treatment.

Over the past three decades, **RUTF** has transformed the treatment of severe wasting, helping countless children receive timely and effective care. Its introduction made treatment more accessible for many families, allowing children without medical complications to be treated at home rather than spending long periods in hospital, and giving them more stable, closer care.

For a child fighting malnutrition, a small sachet of **RUTF** can be the first step back to health. None of this would be possible without your support. Thank you sincerely for standing with UNICEF and helping us protect the most vulnerable children.

Because of your generosity, more children affected by malnutrition can receive the treatment they need and begin their recovery journey. Every sachet of **RUTF** carries more than nutrition — it carries the chance for a child to smile again.

Thank you once again for helping us bring hope where it is needed most, and for giving children the chance to regain their health and grow stronger.

